



UNIVERSAL LEARNING ACADEMY

AUGUST 2025 (K-12) BREAKFAST MENU

Cereal Choices

Trix Bowl / Bar
Coco Puffs/Bar
Froot Loops
Cinn. Toast
Cheerios Mix
Frosted Flakes

Muffin Choices

Chocolate
Blueberry
Strawberry
Banana loaf
Apple cinnamon
Donut Choices
Chocolate
Powdered

This institution is an equal
opportunity Provider and
Employer

All Meals are served With 100%
Juice and Fruit (fresh, Canned,
Dried, or Frozen)
Students **MUST** take Fruit
and/or Juice with their meal

Milk Choice of 1% Chocolate or
Strawberry, & FF or 1% White
served with each Meal

BREAKFAST PRICES
FREE FOR ALL STUDENTS
Additional Breakfast Meal may
be purchased at
A la Carte price.
Breakfast Served M-F
7:30AM-7:45AM

MENU IS SUBJECT TO
CHANGE WITHOUT NOTICE

Let us hear from you
How was your breakfast
today ?
Suggestions are
welcome!!!

If you need any further information,
Please contact Mrs. Faten El-Achi
at
(734) 402-5900

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 Cereal Bowl/Crackers Muffin Breakfast Bar	26 Cereal Bowl/Crackers Muffin Donuts	27  Cheese Pie Zaatar Pie Meat Pie	28 Cereal Bowl/Crackers Muffin	29 NO SCHOOL Labor Day Break

TAKE OFF
WITH SCHOOL BREAKFAST



Breakfast provides the body and brain with fuel after an overnight fast, that's where its name originates, breaking the fast! Without breakfast you are effectively running on empty, like trying to start the car with no petrol!

Nutritionists advice
breakfast should be eaten within two hours of waking. A healthy breakfast should
provide calories in the range of 20-35% of your guideline daily allowance (GDA).